

## RESOURCES TO EXPLORE AFTER WATCHING THE MOVIE UNPLANNED

### Crisis Pregnancy Centers

Organization	Director	Telephone	Website/Facebook
The Desormeaux Foundation 1331 Jefferson St. Lafayette, LA 70501	Brenda Desormeaux	337.289.9366	<a href="https://desormeauxfoundation.org">https://desormeauxfoundation.org</a> <a href="https://www.facebook.com/DesOrmeauxFoundation/">https://www.facebook.com/DesOrmeauxFoundation/</a>
A Pregnancy Center and Clinic 913 South College Road #206 Lafayette LA 70503	Patrice Lewis	337.232.5509	<a href="https://www.apcllafayette.org">https://www.apcllafayette.org</a> <a href="https://www.facebook.com/apcllafayette/">https://www.facebook.com/apcllafayette/</a>
Christian Service Center of Abbeville 701 Chevis St. Abbeville, LA 70510	Kelly & Marcello Davis	337. 893.9756	<a href="https://www.facebook.com/christianservicecenterabbeville/">https://www.facebook.com/christianservicecenterabbeville/</a>
The Unexpected Pregnancy Center 224 North Lewis St. New Iberia, LA 70563	Brittany R. Thomson	337. 365.9303	<a href="https://unexpectedpc.com/">https://unexpectedpc.com/</a> <a href="https://www.facebook.com/TheUnexpectedPC/">https://www.facebook.com/TheUnexpectedPC/</a>

### Post Abortion Healing Services offered through the Diocese of Lafayette

Rachel's Vineyard Retreats and Project Rachel Diocese of Lafayette Office of Pro-Life Apostolate 1408 Carmel Dr. Lafayette, LA 70501	Trista Littell, Program Coordinator	337.261.5598 337.288.8909	<a href="https://www.diolaf.org/post-abortion-healing">https://www.diolaf.org/post-abortion-healing</a>
--	-------------------------------------	------------------------------	---

**Rachel's Vineyard** is a safe place to renew, rebuild, and redeem hearts broken by abortion. The week-end retreats offer a confidential and emotionally safe environment where women and men can express, release and reconcile painful post-abortive emotions. Because of the emotional numbness and secrecy that often surrounds an abortion, emotions both during and after the event may remain unresolved. These buried feelings can surface later; sometimes, many years later. Painful reactions can include depression, anxiety, guilt, self-condemnation, anger, substance abuse, intrusive thoughts and flashbacks. Rachel's Vineyard has a number of powerful exercises which allow the soul to speak its grief and sorrow. The exercises help to connect participants to their inner voice, to each other, and to the love and compassion of God. The retreat exercises help participants to accept forgiveness for themselves and others. There is also an opportunity to re-connect with the children that have been aborted on a spiritual level, to give them honor and dignity through many special and creative spiritual exercises as well as in a memorial service. The process of mourning and grieving are necessary milestones for the post abortive person to complete. There is new life within one's spirit which gives hope in the future. Through a very personal and intimate encounter with the Living God, one comes to know that God knows and loves us despite our many weaknesses and human failures. (rachelvineyard.org)

**2019 Rachel's Vineyard Retreat Dates: April 26-28 (Divine Mercy Week-end) and October 4-6 (Respect Life Week-end)**

**Contact Trista Littell @ 337.261.5598 to pre-register.**

**Project Rachel** is a post-abortion healing and reconciliation program for those suffering the negative effects of an abortion experience. Modeled on Christian love in action, this program is a positive approach to help one receive the healing grace of God through a nine step healing program. It offers individuals an opportunity through loving, caring, and understanding outreach to move toward reconciliation with yourself, your unborn child, your family, your Church, and your God. (hopeafterabortion.org)

The name “Rachel” refers to an Old Testament figure. Rachel was written about in the book of Jeremiah: “Thus says the Lord: In Ramah is heard the sound of moaning, of bitter weeping! Rachel mourns her children; she refuses to be consoled because her children are no more. Thus says the Lord: Cease your cries of mourning, wipe the tears from your eyes. The sorrow you have shown shall have its reward, says the Lord. There is hope for your future!”

**Prolove.com** – And Then There Were None (ATTWN) is a registered nonprofit organization that exists to help abortion clinic workers leave the abortion industry. ATTWN is pro-life without exceptions. While we believe in and wholeheartedly support all peaceful prolife efforts, ATTWN seeks to end abortion from the inside out.